

ORAL SEDATION PRE-OPERATIVE INSTRUCTIONS

- Take the prescribed medication one hour prior to your dental appointment.
- You must have someone to drive you to and from the appointment.
- You can take one tablet of the medication the night before your appointment to help you sleep comfortably.
- Wear comfortable clothes.
- Do not wear nail polish.
- If you wear contact lenses, please do not wear them the day of your procedure.
- Arrange to have the entire day off and plan on limiting your activities for the rest of the day after your procedure.
- You may eat and drink lightly (with this exception- no caffeine) prior to the appointment.
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- Take any prescription medications you normally would take.